



Tools for Successfully Blending TF Meals

Before you blend, make sure you have all the tools you need to safely and efficiently prepare blenderized tube feeding meals. Below is a list of what we use when preparing blends for Ellie.



14 french G-tube Button or larger (12 french will work but isn't recommended) and enteral extension set (Y-port) or single-port extension set.

2 oz. (60 mL) catheter tip syringe. We recommend the Squirrel Store Miracle Syringe.

Blender - We recommend a high-speed blender!



Fine mesh strainer. Some foods will almost always need to be strained such as raspberries.

Measuring cups and spoons for liquid and dry measuring.

Food scale (digital scales by Salter and Taylor seem to be of decent quality and affordable).



Fridge, freezer, and microwave-safe containers. We recommend straight sided canning jars with plastic storage lids. Tip: Use jars closest to the size of a normal feeding.

Labeling system. We recommend writing on plastic container lids with Expo Vis-a-Vis wet erase markers for fridge storage or Bistro chalk markers for freezer storage. Wet erase ink becomes difficult to read due to condensation during defrosting in the fridge.



Organizing system for fridge and freezer (container to corral containers and keep separate from things easily mistaken as blends such as gravy (that happened once). Whoops!



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